

Amethyst House Addiction Services

Annual Report 2016

Our mission is to provide a foundation for sober living by partnering with individuals, families, and communities impacted by addictions and substance-abuse issues, offering quality recovery services and guidance for clean, sober and healthy living.



Amethyst House provides transitional housing with a structured environment for clients, with regular client-staff interaction to facilitate the recovery process including case management, life skills training, house meetings, and referrals to other organizations as appropriate. Outpatient treatment participation and involvement in the recovery community are required.

Amethyst House also provides a variety of Outpatient Services including Substance Abuse Assessments; Outpatient Groups (Intensive Outpatient Treatment, CBT, Recovery Skills, and Continuing Care); Individual and Family Therapy Sessions; *Prime for Life* Early Intervention Groups; Problem Gambling Treatment; and Recreational Enhancement Activities.

Highlights for 2016

Programs:

- Served 305 individuals, providing housing and supportive services to 48 men, 32 women and 2 children; four women were pregnant and two had their babies during their stay at the House. Outpatient services were provided to 225 clients.
- Consistently exceeded monthly outcome goal expectations set by the Division of Mental Health and Addictions.
- Our client Program Evaluations indicated that:
 - 95% of respondents agreed that AH helped them increase their understanding of addiction and substance abuse.
 - 78% of program evaluation respondents self-reported an increase in motivation to work a recovery program at the end of treatment compared to when they began their AH treatment program.
- Continued to provide outpatient treatment to clients with gambling issues at no cost.
- Amethyst House Alumni Association continues to increase their membership. Also completed service projects and hosted several recreational outings. Their "Homeward Bound Walk" team received an award for the most walkers at the event.
- Expanded Outpatient Office by 1300 sq. feet, added an Outpatient Counselor to assist with completing assessments and facilitate newly added group that meets every Tuesday and Thursday (5:30-7:30pm); this is the fourth option provided a two-hour, two-times per week group. Added two part-time staff as Waiting List Managers, one for each house.

Community Involvement:

- Hosted Celebration of Recovery at the St. Mark's Church.
 - Harv Hegarty received the Rev. Hugh Laughlin Distinguished Service Award.
 - Amanda Adhami received the Exemplary Student Service Award.
- Hosted our annual Fall Picnic at Bryan Park.
- Hosted our 1st Recovery Advocacy Luncheon at The Bloomington Country Club.
- Continue our partnership with IU SPEA, Student Fellowship program. Hosted a student for the year who assisted with communication, fund development, and social media.
- Continued to host interns from IU School of Education (Counseling), IUPUI School of Social Work (Indianapolis), and IU School of Social Work (Bloomington); started collaboration with the University of Southern California and Edinboro University.

Funding:

- Participated in the 14th annual Homeward Bound Homeless Walk in Bloomington and raised over \$7,000
- Held Benefit Concert featuring singer songwriter Greg Brown and raised over \$10,000 after expenses.
- Received individual donations from many donors totaling over \$12,500.
- Continued as a provider for Recovery Works funding. This program aims at reducing incarceration time and decreasing recidivism by providing treatment and supporting services to those involved in the criminal justice system that do not have insurance coverage.

- Outpatient group rooms chairs purchased from foundation grant monies.
- Partnership with HUD ended as funding was cut for AH and many Transitional Housing programs in Indiana.
- Received grant money from the following:
 - Jack Hopkins Grant provided funds for two tree removals and retaining wall repair.
 - Perry Township for Recreational Enhancement Program
 - Monroe County CARES Board
 - Bloomington Township Trustee

Financial (FYE 6/2016)

- Total Revenue: \$928,527 Total Expense: \$925,710 Net Assets \$ 436,150
 - Program Services \$799,556; Management & General \$105,957; Fundraising \$20,197
- 86.3% of our funding goes to program service expenses
- Copies of audited financials are available upon request; please, contact the office at 812-336-3570.
- A copy of our Strategic Plan is on our website: www.amethysthouse.org

Board of Directors

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Staff

Mark DeLong, Executive Director
 Niki Angelaki, Clinical Director
 Gina Lovell, Administrative Director
 Kate Lewis, Billing Specialist
 Walt Keller, Clinical Psychologist
 Annie Cheek, Outpatient Counselor & Residential Progr. Coordinator
 Sarah Owen, Program Development Coordinator, Outpatient
 Counselor, Overnight Tech Supervisor & Overnight Tech
 Desirae Draluck, WH Case Manager then Outpatient Counselor
 Lisa Autry, PT Group Facilitator
 Peggy York-Garcia, PT Group Facilitator
 Dan Bohlen, Men's House Case Manager
 Shelby Robertson, Men's House Case Manager
 Allie McHaley, Women's House Case Manager
 Carrie King, Office Manager
 James Walker, PT Group Facilitator then FT Outpatient Counselor
 Amanda Adhami, PT Group Facilitator
 Taylor Hurst, PT WH Waiting List Mgr
 Madison Crawford, PT MH Waiting List Mgr
 April Chase, WH Live-in Night Tech
 Aaron Burratti, MH Live-in Night Tech
 Lisa Bennett, WH Overnight Tech & Grocery Shopper
 William Nichols, MH Night Tech
 Jon Booth, MH Night Tech
 Nancy Nerad, OP Counselor
 Shanda Sung, Office Manager & WH Waiting List Mgr
 Kaitlin King, Women's House Case Manager & PT Outpatient
 Counselor
 Chad Serhal, MH Live-in Night Tech
 Maureen Forman, WH Overnight Tech
 Chris Koester, MH Overnight Tech
 Kam Hurrle, WH Overnight Tech
 Jacob Pierle, MH Overnight Tech
 Kay Dosunmu, Childcare Provider
 Maggie Fisher, Childcare Provider
 Audrey Hatfield, Evansville Liaison and Quality Reviewer

Volunteers & Interns

Allie Steuer
 Shutong Yang
 April Chase
 Madison Crawford
 Maddi Kaufman
 Danny Anderson
 Brittany Moss
 Banielle Boufford
 Xinyua (Allie) Yuan
 Kaitlyn Meredith
 Taylor Hurst
 Cara Alden
 Elizabeth Parent
 James Walker
 Meera Rajagopalan, SPEA Fellow
 Jordan Tucker, SPEA Fellow